

Advisory No. **028**, s. 2026

January 29, 2026

In compliance with DepEd Order (DO) No. 8, s. 2013  
this advisory is issued not for endorsement per DO 28, s. 2001,  
but only for the information of DepEd officials,  
personnel/staff, as well as the concerned public.  
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Date: 02/02/2026  
Time: 03:08 PM  
By: ICT HJ

**MILO NATIONAL INTERSCHOOL LONG COURSE SWIMMING CHAMPIONSHIP 2026**

Bert Lozada Swim School and Swim Philippines invite athletes to the MILO National Interschool Long Course Swimming Championship 2026, a nationwide youth swimming series that brings together student-athletes from various schools and regions to compete in long course (50-meter pool) swimming events. The activity aims to:

1. support the Drown-Free Philippines advocacy by promoting water safety and swimming proficiency;
2. encourage an active and healthy lifestyle among children and youth;
3. promote swimming as a lifelong skill and a high-performance sport; and
4. help minimize excessive gadget use by engaging students in structured, values-driven physical activity.

The program details are as follows:

Region	Date	Venue	Link for the Guidelines
Western Visayas	February 14–15, 2026	Panaad Sports Complex	<a href="https://bit.ly/MILOLongCourseWesternVisayas2026">https://bit.ly/MILOLongCourseWesternVisayas2026</a>
North Luzon	February 21, 2026	New Clark City Aquatics Center	<a href="https://bit.ly/MILOInterschoolLongCourseNorthLuzon2026">https://bit.ly/MILOInterschoolLongCourseNorthLuzon2026</a>
Central Visayas	March 14–15, 2026	Cebu City Sports Center	<a href="https://bit.ly/MILOInterschoolLongCourseCentralVisayas2026">https://bit.ly/MILOInterschoolLongCourseCentralVisayas2026</a>
Mindanao	To be announced	Davao del Sur Sports Complex	<a href="https://bit.ly/MILOLongCourseMindanao2026">https://bit.ly/MILOLongCourseMindanao2026</a>
National Capital Region	March 28–29, 2026	Muntinlupa Aquatics Center	<a href="https://bit.ly/MILOInterschoolLongCourseNCR2026">https://bit.ly/MILOInterschoolLongCourseNCR2026</a>
South Luzon	April 11–12, 2026	Ayala Vermosa Sports Hub	<a href="https://bit.ly/MILOLongCourseSouthLuzon2026">https://bit.ly/MILOLongCourseSouthLuzon2026</a>

Participation of learners and teachers from public and private schools shall be purely voluntary and will not hamper instructional time in compliance with the provisions of DepEd Order (DO) No. 012, s. 2025, titled Multi-Year Implementing Guidelines on the School Calendar and Activities and DO 9, s. 2005 titled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith, and the policy on off-campus activities stated in DO 66, s. 2017.

This is also subject to the no-collection policy as stated in Section 3 of Republic Act No. 5546 also known as An Act Prohibiting the Sale of Tickets and/or the Collection of Contributions for Whatever Project or Purpose from Students and Teachers of Public and Private Schools, Colleges and Universities (Ganzon Law), issued in DO 19, s. 2008, and reiterated in DepEd Memorandum No. 041, s. 2024.

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